Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Tuesday 04 Jul 2023 until 23:59 on Wednesday 05 Jul 2023

Forecast Issued on Tuesday 04 Jul 2023 at 03:00 by Met Office Aberdeen

Confidence: Generally high confidence, but moderate for extent and timing of sunny spells on Tuesday. Moderate confidence for wind strength and timing of rain later Thursday, Friday and Saturday.

Headline for Tuesday 04 Jul 2023: Scattered showers and some bright or sunny spells.

Mountain weather hazards on Tuesday 04 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny intervals	Light rain showers	Sunny intervals	Sunny intervals
Precipitation probability					
20%	20%	20%	40%	20%	20%

Forecast for Tuesday 04 Jul 2023

Weather: Bright spells with some sunsine and scattered showers, these heavier this afternoon. Mostly dry this evening.

Chance of cloud-free hill tops above 800m: 20% at first rising to 70% by early afternoon

Low cloud and visibility: Visibility often poor at first in low cloud down to 600-700m. Cloud lifting to 900-1000m during morning, often above the summits this afternoon and early evening.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Tuesday 04 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	13/16 N	9/12 N	11/14 N	10/14 NW	10/14 NW	7/10 NW	4/6 N
900	12/15 N	9/12 N	11/14 N	10/14 NW	10/14 NW	7/10 NW	4/6 N
600	8/10 N	7/11 N	10/13 N	9/13 NW	9/13 N	6/9 N	3/4 SW
300	7/14 N	5/11 N	6/13 NW	7/14 NW	8/14 NW	6/9 NW	2/6 N
Glen	5/11 N	5/9 NW	7/11 NW	6/11 NW	8/13 N	7/12 N	4/6 N

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	3/-1	4/1	4/1	6/3	5/2	4/1	4/2
900	4/0	5/2	5/2	7/4	6/3	5/2	4/3
600	6/4	8/5	8/5	9/7	8/6	7/6	7/6
300	9/8	11/10	11/10	12/11	12/10	10/9	9/8
Glen	12/11	13/12	14/12	14/13	14/12	12/11	11/11
Freezing Level*	1500m	1500m	1600m	1600m	1600m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Moderate UV levels, sun protection recommended. Note rather cool temperatures at munro level in the morning.

Forecast for Wednesday 05 Jul 2023
Weather: Dry with some clear spells through the early hours. Cloud builds from the west from dawn with scattered showers along the west coast, becoming widespread by mid-morning. Showers turning heavier in the afternoon, easing in the evening.

Maximum wind: Southwest becoming Southerly 5-10 mph, with occasional gusts of 15-20 mph near heavy showers.

Chance of cloud-free hill tops above 800m: 80% in the north, 40% in the south

Low cloud and visibility: Good visibility outside areas of low cloud, briefly reducing in passing showers. Cloud bases mainly above the summits in the north of the area, but occasionally down to 700-800m in the south.

Temperature: **Glens:** Plus 7 Celsius rising to 15 Celsius
At 800m: Plus 4 Celsius rising to 8 Celsius
Freezing level: Above the summits.

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